

# RICHFIELD PUBLIC SCHOOLS

## Health, Safety and Wellness Committee

### Meeting Minutes

03.15.2018

Meeting Called to Order: 7:15 a.m. in the District Office Board Room  
Today's meeting was Wellness Based.

#### Members Present

- Pam Haupt (Food Services)
- Deb Miller (Bloomington Public Health)
- Phoebe Anderson (Exposure Control Officer, District Nurse)
- Craig Holje (Chief Human Resources Admin Officer)
- Jenny Rodriguez (RDLs Health Services)
- Cathy Theisen (Chemical Hygiene Officer, RHS)
- Marta Weirich (HR Representative)
- Peter Fitzpatrick (Centennial Custodial)
- Dan Kretsinger (Facilities & Transportation)
- Daniel Holcomb (IEA Health & Safety)
- Cecilia DiCaprio (UMN Public Health)
- Joan Bulfer (Bloomington Public Health)

## Minutes

#### **REVIEW INJURY REPORTS (STAFF/STUDENT)**

There's been 9 total district wide staff incidents as of 3/15/2018.

- 2 Vehicular incidents
- 2 Tripped/slipped on objects
- 1 Slipped on ice
- 3 in bus garage department

#### **WELLNESS UPDATE**

Richfield Wellness Recommendations – Presentation by Cecilia DiCaprio from the University of Minnesota about the 2017/2018 in-review of the Richfield Public Schools Wellness Policy. DECA store beverages don't meet smart snack guidelines due to artificial sweeteners and caffeinated beverages. Cecilia presented on the benefits of snack diversity, improving balance in decision making and educating that picking 4 bags of smart snack compliant Doritos makes it unhealthy. Cecilia offered a variety of ways to get people involved including: Community/Parent outreach, monthly emails/newsletters, recipe of the month, School culture, signage around schools and action for healthy kid initiatives.

Richfield Wellness Website Update – Presentation by Craig Holje as he navigated through the Wellness webpage. Directions: [www.richfieldschools.org](http://www.richfieldschools.org) – About Us – Wellness Resources. On the website you will find the posted Wellness Policy, Dietary Guidelines, Smart Snack Guidelines

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and a variety of other resources. The next updates to the policy will include the exercise portion. We look to promote exercise through summer physical education activities. Dan K is looking into transportation for evening summer activities after summer school and Pam H is looking into providing food options for summer activities participants.

Cathy Theisen to inform Craig on who runs the HS student wellness group. It would be nice to include the student wellness group as well.

#### **HEALTH & SAFETY UPDATE**

Daniel Holcomb will provide a Health & Safety update at the next meeting that is Health & Safety based on May 17.

#### **FACILITIES UPDATE**

No facilities update provided.

#### **NEW BUSINESS**

The insurance advisory committee presented last night about an enhanced employee assistance program. It would allow 6 sessions through Fairview. It will help employees deal with stress and will support in crisis management (death in the family, etc.) The current EAP gets 1% involvement and the average Fairview participation is 16%. Ideas were discussed as to how to we improve our participation and awareness.

Next Safety Committee Meeting will be on 5/17 at 7:15 AM in the District Office Boardroom. The meeting with be Health & Safety based.